

Cheerios

Nutrition Facts

Serving Size 39 g

Amount Per Serving

Calories 140

Total Fat 2.5 g

Total Carbohydrate 29 g

Dietary Fiber 4 g

Protein 5 g

Vitamins and Minerals

Calcium Carbonate, Iron and Zinc, Vitamin C, Niacin, Vitamin B6, Vitamin A, Vitamin B1, Folic Acid, Vitamin B12, Vitamin D3.

Ingredients

Whole Grain Oats, Corn Starch, Sugar, Salt, Tripotassium Phosphate. Vitamin E added to preserve freshness.



Nutrition Facts

Serving Size 37 g

Amount Per Serving

Calories 130

Total Fat 0 g

Total Carbohydrate 33 g

Dietary Fiber 1 g

Protein 2 g

Vitamins and Minerals

Iron, niacin, vitamin B6, vitamin B2, vitamin B1, folic acid, vitamin D3, vitamin B12.

Ingredients

Milled corn, sugar, malt flavor, contains 2% or less of salt.



Nutrition Facts

Serving Size 36 g

Amount Per Serving

Calories 140

Total Fat 1.5 g

Total Carbohydrate 30 g

Dietary Fiber 2 g

Protein 3 g

Vitamins and Minerals

Calcium Carbonate, Iron and Zinc, Vitamin C, Vitamin B3, Vitamin B6, Vitamin A, Vitamin B1, Folic Acid, Vitamin B12, Vitamin D3.

Ingredients

Whole Grain Oats, Sugar, Corn Starch, Modified Corn Starch, Corn Syrup, Dextrose, Salt, Gelatin, Trisodium Phosphate, Food Dyes, Flavor, Vitamin E added to preserve freshness.



Nutrition Facts

Serving Size 61 g

Amount Per Serving

Calories 190

Total Fat 1 g

Total Carbohydrate 48 g

Dietary Fiber 9 g

Protein 5 g

Vitamins and Minerals

Iron, Vitamin B3, Zinc, Vitamin A, Vitamin B6, Vitamin B1, Vitamin B2, Folic Acid, Vitamin B12, Vitamin D3.

Ingredients

Whole Grain Wheat, Raisins, Wheat Bran, Sugar, Wheat Flour, Malted Barley Flour, Salt.



Horse Profile: Racehorse in Training

- This horse is 3 years old and is still growing.
- He currently weighs about 1,000 pounds.
- He is exercised on the track 4 to 5 days per week, and may have light exercise on his off days.



Horse Profile: Retired Racehorse

- This horse is 15 years old.
- He currently weighs about 1,200 pounds.
- He stays outside in a pasture most of the time and may be taken for a quiet ride once or twice per week.
- It is winter, and grass is scarce.



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