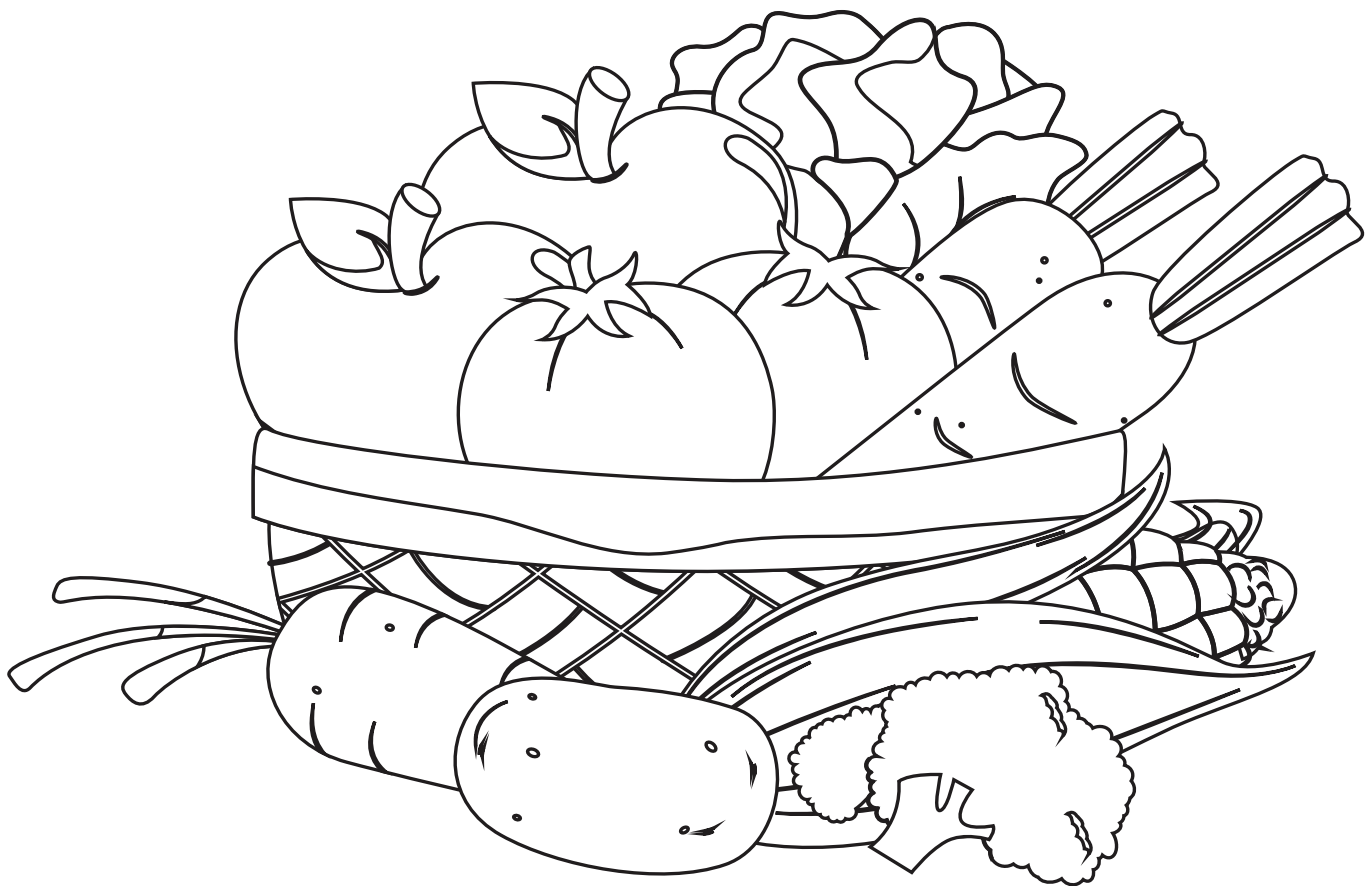


Visit a Kentucky Vegetable Farm



Kentucky farmers grow many types of fruits and vegetables. These foods have vitamins, minerals, and fiber to keep us healthy.



Farmers keep the plants healthy by giving them water and fertilizer. Farmers must also check for pests, like insects and weeds.

What vegetables do you eat to stay healthy?